SPORTS: ENRICHMENT CLASSES

Golf **Y**

Adult, Beginning

This class will include instruction on knowledge of golf clubs, putting, basic fundamentals and learning the correct golf swing. The fee does not include range balls to be purchased for \$7.50 at three of the class meetings.

Rancho Carlsbad Golf Course

Instructor: Howard Fujimoto			Ag	ge: 16Y	and up
CLASS#	TIME	DAYS	DATE	TERM	R/NR FEES
37353	9:00-10:00am	Su	Jun 8-29	4c	\$40/\$50
37344	10:15-11:15am	Su	Jun 8-29	4c	\$40/\$50
37345	9:00-10:00am	Su	Jul 6-27	4c	\$40/\$50
37347	9:00-10:00am	Su	Aug 10-31	4c	\$40/\$50

Adult, Beginning Advanced

This class is for those with previous golf experience. The fee does not include range balls to be purchased for \$7.50 at three of the class meetings.

Rancho Carlsbad Golf Course

Instructor: Howard Fujimoto			Age: 16Y and up			
CLASS#	TIME	DAYS	DATE	TERM	R/NR FEES	
37414	10:15-11:15am	Su	Jul 6-27	4c	\$40/\$50	
37415	10:15-11:15am	Su	Aug 10-31	4c	\$40/\$50	

Junior, Beginning

Classes to include learning the fundamentals of the golf swing, putting and chipping. Sessions will include time on the course and range balls. Sessions will also develop etiquette and a playing knowledge of the game so that juniors can play any course. We stress fun and enjoyment.

Rancho Carlsbad Golf Course

Instruct	or: Howard Fu		Age: 8	3Y - 15Y	
CLASS#	TIME	DAYS	DATE	TERM	R/NR FEES
37364	9:00-10:00am	Sa	Jun 7-28	4c	\$40/\$50
37365	9:00-10:00am	Sa	Jul 5-26	4c	\$40/\$50

Gymnastics 💙

Gymnastics 1: Diaper Dare Devils

Parent and child explore gymnastic activities and the child develops motor skills and hand/eye coordination using gymnastic equipment. Classes include parachute activities, musical locomotor warm up and introduction to gymnastics as they learn through play.

Calavera Hills Community Center: Gymnasium

Instruct	or: Marcie Ger	mani		Age:	1Y - 3Y
CLASS#	TIME	DAYS	DATE	TERM	R/NR FEES
37337	2:00-2:45pm	W	Jun 4-18	3c	\$40/\$50
37338	2:00-2:45pm	W	Jul 2-16	3c	\$40/\$50

Stagecoach Community Center: Gymnasium

Instruct	or: Marcie Ger	mani		Age:	1Y - 3Y
CLASS#	TIME	DAYS	DATE	TERM	R/NR FEES
37335	2:00-2:45pm	Tu	Jun 3-17	3c	\$40/\$50
37336	2:00-2:45pm	Tu	Jul 1-15	3c	\$40/\$50

Gymnastics 2: Supertots

Introduction to gymnastics using themes that promote learning in a challenging, yet fun and noncompetitive atmosphere. Activities include locomotor warm up and circuit training on kid-size gymnastics apparatus to develop gymnastics skills, rhythm, strength, motor skills and flexibility skills.

Calavera Hills Community Center: Gymnasium

Instructor: Marcie Germani				Age:	3Y - 5Y
CLASS#	TIME	DAYS	DATE	TERM	R/NR FEES
37395	3:00-3:45pm	W	Jun 4-18	3c	\$40/\$50
37381	3:00-3:45pm	W	Jul 2-16	3c	\$40/\$50

Stagecoach Community Center: Gymnasium

Instructor: Marcie Germani				Age:	3Y - 5Y
CLASS#	TIME	DAYS	DATE	TERM	R/NR FEES
37393	3:00-3:45pm	Tu	Jun 3-17	3c	\$40/\$50
37394	3:00-3:45pm	Tu	Jul 1-15	3c	\$40/\$50

Gymnastics 3: Hot Shots

Introduction to Olympic apparatus including vault, bars, balance beams, uneven bars, floor exercise and trampoline. Our program is noncompetitive with the philosophy that every child is a winner!

Calavera Hills Community Center: Gymnasium

Instruct	or: Marcie Ger	mani		Age:	5Y - 7Y
CLASS#	TIME	DAYS	DATE	TERM	R/NR FEES
37397	3:50-4:35pm	W	Jun 4-18	3c	\$40/\$50
37398	3:50-4:35pm	W	Jul 2-16	3c	\$40/\$50

Stagecoach Community Center: Gymnasium

Instruct	or: Marcie Ger	mani		Age:	5Y - 7Y
CLASS#	TIME	DAYS	DATE	TERM	R/NR FEES
37404	3:50-4:35pm	Tu	Jun 3-17	3c	\$40/\$50
37396	3:50-4:35pm	Tu	Jul 1-15	3c	\$80/\$90

Gymnastics 4: Shooting Stars

Skill building equipment is used to teach gymnastics through progressions.

Calavera Hills Community Center: Gymnasium

Instructor: Marcie Germani				Age: 6Y	and up
CLASS#	TIME	DAYS	DATE	TERM	R/NR FEES
37407	4:40-5:30pm	W	Jun 4-18	3c	\$40/\$50
37408	4:40-5:30pm	W	Jul 2-16	3c	\$40/\$50

Stagecoach Community Center: Gymnasium

Instructor: Marcie Germani			•	Age: 6Y	and up
CLASS#	TIME	DAYS	DATE	TERM	R/NR FEES
37405	4:40-5:30pm	Tu	Jun 3-17	3c	\$40/\$50
37406	4:40-5:30pm	Tu	Jul 1-15	3c	\$40/\$50



Adult Beginning

Learn all the basic strokes with the proper technique – forehand, backhand, serve. (Introduction to volleys and overhead.) Each student should bring one, new, unopened can of tennis balls to class per six week session.

Calavera Hills Community Center: Tennis Court 1

Instructo	or: Frank Flem	Ag	e: 18Y	and up	
CLASS#	TIME	DAYS	DATE	TERM	R/NR FEES
37417	6:00-7:15pm	M	Jun 2-Jul 7	6c	\$65/\$75
37418	6:00-7:15pm	M	Jul 21-Aug 25	6c	\$65/\$75
37419	6:00-7:15pm	Th	Jun 5-Jul 10	6c	\$65/\$75
37420	6:00-7:15pm	Th	Jul 24-Aug 28	6c	\$65/\$75

Poinsettia Park: Tennis Court 1

Instruct	or: Frank Flem	Ag	e: 18Y	and up	
CLASS#	TIME	DAYS	DATE	TERM	R/NR FEES
37416	6:00-7:15pm	W	Jun 4-Jul 9	6c	\$65/\$75
37421	6:00-7:15pm	W	Jul 23-Aug 27	6c	\$65/\$75
37422	6:00-7:15pm	Tu	Jun 3-Jul 8	6c	\$65/\$75
37423	6:00-7:15pm	Tu	Jul 22-Aug 26	6c	\$65/\$75

Adult, Beginning/Advanced Beginning

Learn basic strokes, forehand, backhand, volley, overhead and serve. Develop ball control, placement and consistency while playing games.

Stagecoach Community Park: Tennis Court 1

Instruc	tor: Mark Keefe	Ag	e: 15Y	and up	
CLASS#	TIME	DAYS	DATE	TERM	R/NR FEES
37050	8:45-10:15am	W	Jun 4-Jul 9	6c	\$55/\$65
37051	8:45-10:15am	W	Jul 23-Aug 27	6c	\$55/\$65
37049	8:45-10:15am	F	Jun 6-Jul 4	5c	\$46/\$56
37048	8:45-10:15am	F	Jul 25-Aug 29	6c	\$55/\$65
37052	11:00am-12:30pm	Sa	Jun 7-Jul 12	6c	\$55/\$65
37053	11:00am-12:30pm	Sa	Jul 26-Aug 30	6c	\$55/\$65

Adult, Advanced Beginning

Review basic strokes using proper technique. Learn ball control, placement and consistency while playing games. Introduction of basic singles and doubles strategy. Each student should bring one new, unopened can of tennis balls to class per six-week session.

Laguna Riviera Park: Tennis Court 1

Instructor: Jim Goto			Ag	and up	
CLASS#	TIME	DAYS	DATE	TERM	R/NR FEES
37425	9:00-10:30am	M/W	Jun 2-Jul 9	12c	\$55/\$65
37426	9:00-10:30am	M/W	Jul 21-Aug 27	12c	\$55/\$65

Adult, Beginning/Intermediate

Each student should bring one, new, unopened can of tennis balls to class per six week session.

Poinsettia Park: Tennis Court 1

Instructor: Frank Fleming			Age: 18Y an		
CLASS#	TIME	DAYS	DATE	TERM	R/NR FEES
37427	7:15-8:30pm	W	Jun 4-Jul 9	6c	\$65/\$75
37428	7:15-8:30pm	W	Jul 23-Aua 27	6c	\$65/\$75

Adult, Intermediate

Review your stroke technique. Learn how to move in the most efficient way. (Introduction to basic singles and doubles strategies.) Each student should bring one, new, unopened can of tennis balls to class per six week session.

Calavera Hills Community Park: Tennis Court 1

Instructo	or: Frank Flem	Ag	e: 18Y	and up	
CLASS#	TIME	DAYS	DATE	TERM	R/NR FEES
37115	7:15-8:30pm	M	Jun 2-Jul 7	6c	\$65/\$75
37119	7:15-8:30pm	Th	Jun 5-Jul 10	6c	\$65/\$75
37120	7:15-8:30pm	Th	Jul 24-Aug 28	6c	\$65/\$75
37429	7:15-8:30pm	M	Jul 21-Aug 25	6c	\$65/\$75

Poinsettia Park: Tennis Court 1

Instructor: Frank Fleming			Age: 18Y and up		
CLASS#	TIME	DAYS	DATE	TERM	R/NR FEES
37128	7:15-8:30pm	Tu	Jun 3-Jul 8	6c	\$65/\$75
37122	7:15-8:30pm	Tu	Jul 22-Aug 26	6c	\$65/\$75

Stagecoach Community Park: Tennis Court 1

Instructor: Mark Keeter			Age: 15Y and up		
CLASS#	TIME	DAYS	DATE	TERM	R/NR FEES
37127	8:45-10:15am	M	Jun 2-Jul 7	6c	\$60/\$70
37111	8:45-10:15am	M	Jul 21-Aug 25	6c	\$60/\$70
37113	8:45-10:15am	Th	Jun 5-Jul 10	6c	\$60/\$70
37114	8:45-10:15am	Th	Jul 24-Aug 28	6c	\$60/\$70

Adult, Intermediate/Advanced Intermediate

Refine strokes, strategies and tactics. Work on the transition game and movement on the court.

Stagecoach Community Park: Tennis Court 1

Instructor: Mark Keefer			Age: 15Y and u			
	CLASS#	TIME	DAYS	DATE	TERM	R/NR FEES
	37129	12:30-2:00pm	Sa	Jun 7-Jul 12	6c	\$60/\$70
	37130	12:30-2:00pm	Sa	Jul 26-Aug 30	6c	\$60/\$70
	37132	2:00-3:30pm	Sa	Jun 7-Jul 12	6c	\$60/\$70
	37133	2:00-3:30pm	Sa	Jul 26-Aug 30	60	\$60/\$70

Adult, Intermediate/Advanced

Refine strokes, strategies and tactics. Work on transition game and movement on the court. Each student should bring one new, unopened can of tennis balls to class per six-week session.

Laguna Riviera Park: Tennis Court 1

Instructor: Jim Goto			Age: 16Y and u		
CLASS#	TIME	DAYS	DATE	TERM	R/NR FEES
37431	10:30am-12:00pm	M/W	Jun 2-Jul 9	12c	\$60/\$70
37432	10:30am-12:00pm	M/W	Jul 21-Aug 27	12c	\$60/\$70

Juniors, Beginning

Learn all the basic strokes with the proper technique. Forehand, backhand, serve, introduction to volleys and overhead. Each student should bring one, new, unopened can of tennis balls to class per six week session.

Laguna Riviera Park: Tennis Court 1

Instructor: Jim Goto			Age: 8Y - 15Y			
CLASS#	TIME	DAYS	DATE	TERM	R/NR FEES	
37060	3:15-4:15pm	M/Th	Jun 2-Jul 10	12c	\$55/\$65	
37061	3:15-4:15pm	M/Th	Jul 21-Aug 28	12c	\$55/\$65	

Stagecoach Community Park: Tennis Court 1

Instructo	or: Mark Keefe	er		Age:	7Y - 12Y
CLASS#	TIME	DAYS	DATE	TERM	R/NR FEES
37075	4:30-5:15pm	Tu	Jun 3-Jul 8	6c	\$45/\$55
37076	4:30-5:15pm	Tu	Jul 22-Aug 26	6c	\$45/\$55
37078	4:30-5:15pm	W	Jun 4-Jul 9	6c	\$45/\$55
37079	4:30-5:15pm	W	Jul 23-Aug 27	6c	\$45/\$55
37064	4:30-5:15pm	Th	Jun 5-Jul 10	6c	\$45/\$55
37065	4:30-5:15pm	Th	Jul 24-Aug 28	6c	\$45/\$55
37067	4:30-5:15pm	F	Jun 6-Jul 4	5c \$	3750/\$4750
37068	4:30-5:15pm	F	Jul 25-Aug 29	6c	\$45/\$55

Juniors, Advanced Beginning/Intermediate

Each student should bring one new, unopened can of tennis balls to class per six-week session.

Laguna Riviera Park: Tennis Court 1

Instructor: Jim Goto				Age: 8	BY - 15Y
CLASS#	TIME	DAYS	DATE	TERM	R/NR FEES
37081	4:15-5:15pm	M/Th	Jun 2-Jul 10	12c	\$55/\$65
37082	4:15-5:15pm	M/Th	Jul 21-Aug 28	12c	\$55/\$65

Stagecoach Community Park: Tennis Court 1

Instructor: Mark Keefer			Age: 8Y - 14Y		
CLASS#	TIME	DAYS	DATE	TERM	R/NR FEES
37084	3:30-4:30pm	Tu	Jun 3-Jul 8	6c	\$50/\$60
37085	3:30-4:30pm	Tu	Jul 22-Aug 26	6c	\$50/\$60
37087	3:30-4:30pm	W	Jun 4-Jul 9	6c	\$50/\$60
37088	3:30-4:30pm	W	Jul 23-Aug 27	6c	\$50/\$60
37090	3:30-4:30pm	Th	Jun 5-Jul 10	6c	\$50/\$60
37091	3:30-4:30pm	Th	Jul 24-Aug 28	6c	\$50/\$60
37093	3:30-4:30pm	F	Jun 6-Jul 4	5c	\$42/\$52
37094	3:30-4:30pm	F	Jul 25-Aug 29	6c	\$50/\$60

Juniors, Intermediate/Advanced Intermediate

Teacher Discretion: Refine your strategies, strokes and tactics. Work on movement on the court and the transition game.

Stagecoach Community Park: Tennis Court 1

Instructor: Mark Keefer			Age: 10Y - 15Y		
CLASS#	TIME	DAYS	DATE	TERM	R/NR FEES
37096	5:15-6:45pm	W	Jun 4-Jul 9	6c	\$60/\$70
37097	5:15-6:45pm	W	Jul 23-Aug 27	6c	\$60/\$70
37100	5:15-6:45pm	F	Jun 6-Jul 4	5c	\$50/\$60
37101	5:15-6:45pm	F	Jul 25-Aug 29	6c	\$60/\$70

Juniors, Advanced

Teacher Discretion: Registrants must have completed Juniors Intermediate before registering. Tournament experience and instructor approval required prior to registration. Each student should bring one new, unopened can of tennis balls to class per six-week session.

Laguna Riviera Park: Tennis Court 1

Instructor: Jim Goto			Age: 8Y - 16\			
CLASS#	TIME	DAYS	DATE	TERM	R/NR FEES	
37433	5:15-6:15pm	M/Th	Jun 2-Jul 10	12c	\$55/\$65	
37434	5:15-6:15pm	M/Th	Jul 21-Aua 28	12c	\$55/\$65	

Volleyball 🗡

Coed Intermediate

This is an intermediate, coed, 4 person league that also includes a weekly skill instruction session. After registration, individuals will be placed on a team. All players should have some experience with league play and basic knowledge of volleyball fundamentals. All participants must attend the first class.

Calavera Hills Community Center: Gymnasium

Instructor: Dick Leatherman			Age: 16Y and up		
CLASS#	TIME	DAYS	DATE	TERM	R/NR FEES
37436	6:30-9:30pm	M	Jul 28-Sep 8	5c	\$55/\$65

Coed Advanced/Intermediate

This class is designed for those who have played volleyball and desire a more competitive atmosphere. Players will be evaluated during the first class and placed on teams culminating with a tournament and prizes.

Stagecoach Community Center: Gymnasium

Instructor: Dennis Mathis			Age: 16Y and up		
CLASS#	TIME	DAYS	DATE	TERM	R/NR FEES
37435	6:30-9:30pm	М	Jul 7-Aua 18	7c	\$50/\$60

Activities and classes with \bigvee offer a health and wellness benefit to the participant. See page 30 for more information.